



NAPCON 2026

28th joint National Conference on Pulmonary Diseases of
National College of Chest Physicians (India) and Indian Chest Society

22 – 25 OCT 2026 | B.M. BIRLA AUDITORIUM, JAIPUR

WORKSHOP

COMPREHENSIVE SLEEP STUDIES



DATE & TIME :
22.10.2026,
9 AM TO 5 PM



VENUE:
**B.M. BIRLA
AUDITORIUM,
JAIPUR**



Scan
TO REGISTER





Dr. Mahendra Kumar Bainara
Organizing Chairman



Dr. Vinod Joshi
Organizing Secretary



Dr. Ramakant Dixit
Organizing Secretary



Dr. Mahesh Mahich
Treasurer

WORKSHOP COMMITTEE



Dr. Vinod Joshi



Dr. Govind Rajawat

COMPREHENSIVE SLEEP STUDIES WORKSHOP



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Dr. Vikram Sarbhai
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Dr. Tejas Suri
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Dr. Rajanish Sharma
Member Co - Chair



Dr. Pankaj Gulati
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Dr. Sreyas Sharma
Coordinator



Dr. Mohit Agrawal
Coordinator



Dr. Swapnil Rajvanshi
Coordinator

FACULTIES

DR. ANIRUDH SAINI
DR. DEEPTI GOTH
DR. JC SURI
DR. MOHIT AGARWAL
DR. PRAKHAR AGARWAL
DR. RAJANISH SHARMA

DR. ROHIT KUMAR
DR. SHARADA V
DR. SREYAS SHARMA
DR. SWAPNIL RAJWANSHI
DR. TEJAS SURI
DR. VIKRAM SARBHAI

WORKSHOP PROGRAMME

Time	Topic	Speaker(s)
8:30 AM - 9:00 AM	Registration	
9:00 AM - 9:30 AM	Basics of human sleep & respiratory physiology during sleep	Dr. Vikram Sarbhai
9:30 AM - 10:00 AM	Obstructive sleep apnea - epidemiology, pathophysiology & diagnosis	Dr. Sreyas Sharma
10:00 AM - 10:30 AM	Polysomnography and Home Sleep Apnea Testing: Basic concepts	Dr. Rohit Kumar
10:30 AM - 11:00 AM	Tea Break	
11:00 AM - 11:30 AM	Positive Airway Pressure Therapy for Obstructive Sleep Apnea	Dr. Tejas Suri
11:30 AM - 12:00 PM	Hypoventilation syndromes in sleep	Dr. Deepti Gothi
12:00 PM - 12:30 PM	Central sleep apnea: diagnosis & management	Dr. JC Suri
12:30 PM - 1:00 PM	Non-PAP therapies in obstructive sleep apnea	Dr. Sharada V
1:15 PM - 2:00 PM	Lunch Break	
2:00 PM - 2:30 PM	Introduction to Sleep Scoring	Dr. Prakhar Agarwal
2:30 PM - 3:00 PM	Introduction to Respiratory Scoring	Dr. Rajanish Sharma
3:00 PM - 5:00 PM	Workstations: 30 minutes each	
3:00 PM - 3:30 PM	Sleep lab demonstration & PSG Hooking-Up	Dr. Tejas Suri Dr. Vikram Sarbhai Dr. Sreyas Sharma
3:30 PM - 4:00 PM	PAP Devices - When to choose which device?	Dr. Prakhar Agarwal Dr. Swapnil Rajvanshi Dr. Rajanish Sharma
4:00 PM - 4:30 PM	PAP Interfaces - When to choose which device?	Dr. Sharada V Dr. Anirudh Saini
4:30 PM - 5:00 PM	PAP downloads & troubleshooting: How to improve PAP adherence	Dr Rohit Kumar Dr. Mohit Agarwal
5:00 PM - 5:15 PM	Tea & Feedback	

